

Product Description

What is eeZeeRUSF?

eeZeeRUSF is a lipid-based Ready-to-Use Supplementary Food (RUSF) for the management of moderate acute malnutrition (MAM) in children more than 6 months of age.

eeZeeRUSF is packed in 92g flexible foils sachets flushed with nitrogen to prolong shelf life. The sachets are packed in strong corrugated cardboard cartons.

eeZeeRUSF is designed for use in community-based management of MAM.

How to eat

eeZeeRUSF does not require any preparation and should be consumed directly from the sachet.

The consumption of eeZeeRUSF must be accompanied by breast milk or clean drinking water to prevent dehydration.

Hand washing with water and soap (mother and child) before consumption is recommended.

Recommendations for use

eeZeeRUSF is intended for the management of moderately malnourished children in the community. One sachet (92 g) contains 500 kcal. The recommended amount of eeZeeRUSF is approximately 75 kcal/ kg/ day. This equates to 0.5 – 1 sachet for a 5 kg child and 1 – 2 sachets for a 10 kg child.

For young children, continued breastfeeding is recommended until 24 months of age and beyond (exclusive breastfeeding until 6 months of age). Children under 6 months of age should not eat eeZeeRUSF.

For use in targeted prevention of malnutrition, eeZeeRUSF can be used in smaller amounts, approximately 0.5 sachets/ child/ day.

Nutritional quality

eeZeeRUSF is composed of nutritious ingredients to meet the additional needs for energy, essential fatty acids, high quality protein and micronutrients of children with MAM.

The amount of antinutrients is kept low based on carefully selected raw materials.

The protein, fat, vitamin and mineral content of eeZeeRUSF is in accordance with the WHO Technical Note on supplementary foods used in the management of children with MAM (1, 2).

Food safety

There is no risk of microbiological growth during storage due to very low water activity. The shelf life is minimum 24 months from the manufacturing date when stored below 30 °C in a dry place.

Use eeZeeRUSF within 24 hours after opening the sachet.

The manufacturing of eeZeeRUSF complies with Codex Alimentarius CAC/RCP and ISO22000 (3, 4).

References

1. Codex Alimentarius CAC/GL 10, 1979. *Advisory lists of mineral salts and vitamin compounds for use in foods for infants and children.*
2. WHO, 2012. *Technical note: Supplementary foods for the management of moderate acute malnutrition in infants and children 6–59 months of age.*
3. Codex Alimentarius CAC/RCP 21, 1979. *Recommended International Code of Hygienic Practice for Foods for Infants and Children.*
4. European Standard ISO 22000, 2005. *Food safety management systems – requirements for any organisation in the food chain.*